

Peer Support ~ Certification ~

Peer Support Canada is a national charitable organization dedicated to peer support.

The certification process offers:

- Certification of peer supporters
- Certification of family peer supporters
- Certification of peer support mentors

The Peer Support Certification Process

Peer Support Certification is a confirmation of one's knowledge, skills, and experience as a peer supporter. Certification verifies one's alignment with the nationally endorsed Standard of Practice, and is recognized across Canada. The certification process typically takes between 12-24 months to complete and is divided into three phases.

Phase One \$90

Application for Certification as a Peer Supporter

Phase Two \$440

Assessment of knowledge through a written exam

Phase Three \$750

Completion of a practicum supervised by a Certified Peer Support Mentor and assessment of competencies



"Going through the certification process really affirmed my own knowledge and expertise as a peer supporter."



"My mentor was great. I thought I knew a lot about peer support but I still learned a lot talking to my mentor throughout my practicum."



Peer Support Canada

Developed by Peer Supporters for Peer Supporters

In 2010 the Mental Health Commission of Canada (MHCC) identified the need for a framework for the integration and promotion of peer support.

This work was led and driven by individuals with lived experience.

Almost 600 peer support workers and agencies were invited to participate in the project. This was followed by a series of in-person, cross-country consultations leading to the development of the framework.

The framework was shared back and validated by the peer support community and by regional peer support leaders, organizational leaders, and senior decision-makers.

The Peer Support Framework is the foundation of the Standards of Practice and the Core Values.

Peer Support Application Checklist

- Lived experience (personally, or as a family member/loved one)
- On a path of recovery and wellness
- Readiness to support others
- Experience in delivering at least 200 hours of formalized peer support
- Values aligned with the Peer Support Canada Code of Conduct
- Experience meeting the Standards of Practice
- Commitment to the Peer Support Principles

Applicants will be asked to provide 3-5 references (supervisor, mentor, colleague etc.)

“The knowledge assessment (test) asks about all of the key principles of peer support. I like that it doesn’t feel like I need to be a good test writer to do well on this exam. I just need to know how to do peer support.”

“Being certified has given my role as a peer supporter more credibility with staff. We’re more clear on my role and what I bring.”

For more information and to get started:

peersupportcanada.ca

info@peersupportcanada.ca