



Peer Support Canada

Mentor-Approved Resources

Alberta

[Provincial Peer Support Report - CMHA Calgary Region](#)

British Columbia

[Peer Support Resource Manual - British Columbia Ministry of Health, Adult Mental Health Policy Division](#)

[Reenergizing Wellness: A Resource for Peer-Led Wellness Programs in Indigenous Communities – CMHA North and West Vancouver](#)

Ontario

[5 Things to Know About Peer Support - Self Help & Peer Support, CMHA Waterloo Wellington](#)

[A Reflective Practice Tool For Mental Health and Addiction Agencies That Employ Peer Staff - Self Help, CMHA Waterloo Wellington](#)

[Ontario Peer Development Initiative \(OPDI\)](#)

[OPDI Webinars](#)

[OPDI Resources](#)

[Supervising Peer Staff Roles: Literature Review and Focus Group Results - Centre for Excellence in Peer Support, CMHA Waterloo Wellington](#)

[Supervising Peer Workers: A Toolkit for Implementing and Supporting Successful Peer Staff Roles in Mainstream Mental Health and Substance Use/Addiction Organizations - Centre for Excellence in Peer Support, CMHA Waterloo Wellington](#)

National

[Engaging Caregivers in Mental Health and Addiction Services in Canada: Promising Practices Guide – Mental Health Commission of Canada \(MHCC\)](#)

International

[International Peer Leadership Network – Habitus](#)

[Peer Specialists are not Clinicians – Patricia Deegan LinkedIn](#)

If you have a resource that you wish to be included in this list, please email us at info@peersupportcanada.ca for review. We thank you for your contributions.